

The Lemon Grove REVIEW

Vol. 43, No. 14

Serving Lemon Grove and nearby communities

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City Council makes funding decisions

The Lemon Grove City Council held a public hearing to consider Community Development Block Grant (CDBG) projects for the Fiscal year 1991-92 at its regular Monday night meeting.

The City expects to be eligible for approximately \$115,000 in community Block Grant Development funds as its portion of the Urban County CDBG grant and must submit a project proposal by November 30, 1990. City Staff recommended several possible projects such as the development of a park on the south side of Lemon Grove Way on property to be acquired through a trade for parkland currently owned by the City on Osage Drive (cost estimate \$115,000); installation of curbs, gutters and sidewalks on the north side of Golden Avenue between Lemon Grove Way and Kempf Street (cost estimate \$60,000); Installation of a storm drain line on North Avenue from Grove Street, a distance of approximately 450 feet west (cost estimate \$75,000); and expansion and improvement of the Senior Center (This project would be to add one meeting room and additional storage space, as well as adding a floor covering to the floor in the multi-purpose room and replacing the tile floors in the restrooms. Cost estimate \$115,000).

Councilmen Robert Burns and Brian Cochran agreed with City Staff recommendation that the park should be top priority, but Councilman Craig Lake disagreed with the location, saying the proposed parks would be too small, difficult to police and have inadequate parking.

The Council also voted to sell \$230,000 of its accumulated Federal Aid Urban Funds to the

Alameda County Transportation Authority. In return, the Alameda County Transportation Authority will give the City \$184,000 (80% of \$230,000) in money that has no spending restrictions, except that it must be spent for street and road related purposes.

The Federal Highway Administration recently imposed a time limit on the spending of its Federal Urban Aid Funds of July 1, 1990 and if the City has not used the funds by then, they will lose the \$230,000 accumulated. Because the City does not currently have a project in the works that meets the Federal Urban Aid qualifications, the Council decided it was in the City's best interest to sell the Federal Urban Aid funds at a discount because, due to the time limit, it is unlikely that a project could be developed by July and it is better to retain \$184,000 of the funds than lose the total \$230,000. The \$184,000 received from Alameda can be spent on any street in the City, does not have to be matched by the City and does not require the costly design and review process required by CalTrans and the Federal Highway Administration for the use of Federal Aid Urban Funds.

Of final interest, the City Council awarded the contract for street repair to V.R. Dennis Construction Company, which had the low bid of \$511,196.40, nearly \$100,000 below the City Engineer's estimate.

Orange County Striping was awarded the contract for striping various streets throughout the City. Their bid was \$13,965.46. This price represents an overall cost of 7.2 cents per foot, or approximately \$388 per mile for the 37 miles of street that will be striped.



Supervisor George Bailey, top left, Ric Williams, under Bailey, Miss Spring Valley Linh Darnell and Burton Barr, long-time friend of The Pointe, prepare a champagne toast to celebrate the ground breaking of The Point San Diego resort. Barr's toast was "Hip, hip hooray; hip, hip hooray; success to all."

Ground is broken for The Pointe

As the sun set and darkness fell over Spring Valley last Thursday, large numbers of people began gathering at the corner of Sweetwater Springs Boulevard and Jamacha Boulevard to celebrate the ground breaking for The Pointe San Diego. The previously barren land had been transformed for the joyous occasion with the construction of a fountain and low wall which will serve to greet visitors to The Pointe when the resort is completed.

The celebration, which was attended by over 500 guests, was held under a giant tent and the open sky, on an immense plateau which had been levelled for the occasion. The food and drink

occupied the crowd (most of whom had come directly from work for the 5 p.m. affair) for several hours, as the food was deliciously prepared samples of menu items from The Pointe restaurants - and included swordfish, chicken, pizza, rattlesnake, truffles and much more.

Entertainment was also brought in from The Pointe in Phoenix, keeping the crowd keyed up for the official ceremonies - which began when Pointe president Bob Gosnell took the microphone from the band to announce that it was now time to "pay our dues" and listen to the obligatory speeches. Speakers included Ric Williams and Pat Donnelly from

The Pointe, Supervisor George Bailey and Yukichi Maeda, Managing Director of Nissho Iwai Corp.

Williams, who is project coordinator, has been working for eight years to obtain all the approvals necessary for a project this size. Donnelly, who according to Williams' introduction is best known for dropping a Roger Staubach pass which cost Navy the national championship, is vice president of engineering for Pointe Builders, and will be in charge of the fast-moving construction schedule which aims to complete the resort in time for the America's Cup races in February, 1992.

Five generations celebrate Lemon Grove centenarian's birthday

A lady who was born in the gay nineties, saw the twenties roar and the sixties swing, celebrated her 100th birthday on November 18, 1990.

Family and friends gathered at Lemon Grove Convalescent Center to wish Bertha Steenbergen a happy birthday and relate stories of the family's past.

Steenbergen was born in Van Buren, Arkansas, but moved at the age of two to Comanche, Texas with her sister and widowed mother. She attended high

school in Brownwood, Texas, but before graduation, she left for a business school so she could support herself.

Never a stranger to hard work, Steenbergen worked at many jobs, ranging from a nursing home to Van de Kamps Bakery. Like her mother, she was widowed quite young and had a three-year-old daughter to support. She continued to work as a waitress through the Depression and her remarriage to Ernest Steenbergen in the 1930s.

The family moved to Los Angeles in 1943 and, after the death of her husband, Steenbergen moved to Lemon Grove in 1970.

One of the mottoes Steenbergen's family said she has always lived by is "You're as young as you think you are," and she has always maintained that her healthful lifestyle and outlook have kept her young.

Bertha Steenbergen's large family wished her well on her

Continued on Page 6



From left to right: Bertha Steenbergen, great, great grandson Doug Foley, his mother Paula Hensen and Steenbergen's daughter, Yvonne Farrar celebrate her 100th birthday.

Mt. Miguel *El Trovador* News Briefs

The Mount Miguel Marching Matadors captured the Sweepstakes trophy at the competition in Arcadia, Saturday, November 17. Tall flags also took first place and the Matadors were officially designated for going to the Rose Parade.

The Mount Miguel Football team has ended their season with a first round CIF loss to Vista High School 7-13. Earl Bryers scored the lone touchdown for the Matadors. Mount Miguel ended the regular season with a 6-4 record overall and a 2-2 league record.

MECHA held a food drive for the Thanksgiving holiday with the second period homeroom classes at Mount Miguel. This contribution will let people know that MECHA is not just a club that has fun, but also is an organization that helps people.

The Boys Varsity Basketball team has started their season with a scrimmage against Rancho Bernardo High School. The first Grossmont Conference game is against Valhalla at Mount Miguel at 7:30 p.m. on Friday, December 14. League play starts on January 15 against El Capitan at Mount Miguel at 5 p.m. Key players to look for this season are Marcos Gallardo, Domingo Rivera and Todd Nowlen. The head coach for the Matadors this season is Bill Sullivan.



The Mount Miguel marching Band will be participating in the Rose parade on January 1, 1991. As a special fund raiser, Alumnus Don Hamilton of Hamilton Meat Co. donated hot dogs, buns and chips to be sold to the student body. On Friday, November 16, (shown above) the cafeteria shut down for the day and for \$2 Mount Miguel students enjoyed a special lunch which included music from the pep band. The money raised will go towards getting the marching band to Pasadena.

Mount Miguel held tryouts for this year's girls' soccer team on Tuesday, November 13. Head Coach Andrea Young is optimistic about building a winning team and she is eager for the season to begin.

The Library/Media Club is still collecting green Vons receipts for a new Apple computer for the school. They are also using this as a class competition with the winning class receiving a barbecue luncheon. They can order their first computer when they get \$125,000 in receipts; so far they have received \$10,000 worth.

Additional scholarships available for Mount Miguel Seniors and their deadline are as follows: Lewis & Clark College, Portland Oregon, deadline--February 1, 1991; U.C. Riverside, Engineering scholarships, deadline--November 30, 1990; National Society of Professional Engineers, engineering majors, deadline--December 3, 1990; Society of Automotive, engineering majors, deadline--January 1, 1991; Mensa Scholarship Essay Contest, deadline--January 31, 1991; CSU Fullerton, deadline--February 23, 1991. Any interested students should contact Mrs. Perrapato in the career center.

The American Flyers, the world's largest flight training school boasting 14 locations, is hosting a Career Day tomorrow, November 23. This event is the brainchild of Donald Harrington, CEO of American Flyers, and will be held from 1 p.m. to 9 p.m. at its San Diego school located at Montgomery Field. All local pilots and would-be pilots are invited.

Speakers from the UCSD Operation Outreach Partnership Program spoke to 23 freshman classes at Mount Miguel earlier this week to target minority students with information about curriculum pathways toward college entry. The program is headed by Mr. Max Keyte, Counseling Department chairman at Mount Miguel.

United Church of Christ Christmas auction and dinner set for December 1st

The Lemon Grove United Church of Christ will have its annual Christmas Auction and dinner on December 1 at 2770 Glebe Road in Lemon Grove. The Chicken Parmigiana dinner (with pasta, salad and garlic bread and homemade apple pie) will be served from 5 to 7 p.m. Tickets are available through the church office at 466-0503 and at the door. Dinner cost is \$5.50 per adult, \$3.50 for children under 12, and \$2.50 for children under 8; children under three are free. The auction will include xmas gifts and decorations, special children's items and services. A watercolor by Helen van Dusen, a handcrafted dollhouse, a child's desk and a quilt will be featured in the regular auction. A "Silent auction" will also occur. Auctioneers include Lemon Grove City Councilwoman Lois Heiserman, Warren Heyer and Ed Pettis.

WEATHER

The following information was provided by the Lemon Grove Fire Department:

	High	Low
November 10	93	56
November 11	86	53
November 12	87	60
November 13	86	52
November 14	78	46
November 15	78	49
November 16	78	49

The precipitation this year to date is .11", while for the last year to date the precipitation was .73". (From 7/1)

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see the Review's
classified section
on page 7**

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Advertising

All advertising is subject to current rate card. The publisher reserves the right to reject an advertiser's order. Only publication of an advertisement shall constitute final acceptance. Send all correspondence to: Forum Publications, Inc., P.O. Box 127, Lemon Grove, CA 92045

Sheriff's Dept. Log

November 11, 1990

7900 blk. Lincoln. Robbery-strong arm. Three dollars in cash.

November 13, 1990

8000 blk. Broadway. Commercial burglary--candy, cash, answering machine and Visa card, \$61 value.

6800 blk. Federal. Commercial burglary--telephone taken, \$306 value.

November 14, 1990

7500 blk. Broadway. Commercial burglary--coins, beef and cheese taken, \$358 value.

November 15, 1990

2600 Nida Place. Residential burglary--revolver and jewelry taken, \$550 value.

Lemon Grove Fire Log

November 9, 1990

7400 blk. Ida. Medical aid Male, difficulty breathing.

7500 blk. San Miguel. Medical aid. Female, seizure victim.

8100 blk. Golden. Medical aid. Female, fall victim.

2300 blk. Peppermint. Medical aid. Male, stroke victim.

3200 blk. College Pl. Medical aid. No assistance needed.

2600 blk. Glebe. Structure. No fire--barbecue.

November 10, 1990

3200 blk. Olive. Medical aid. Male, unknown problem.

8000 blk. Prospect Way. Automatic aid. Assisted with overhaul and ventilation.

November 11, 1990

2700 blk. Lemon Grove Ave. Public service. Odor check--located sewer pipe.

7900 blk. Palm. False alarm. Damaged smoke detector.

Skyline/Lansing. Medical aid. Two-vehicle accident.

3700 blk. Fairway. Automatic aid. Odor of smoke, no fire.

November 12, 1990

8200 blk. Skyline. Automatic aid. Canceled.

7200 blk. Broadway. Structure. Overheated light ballast.

4200 blk. Parks. Automatic aid, canceled.

College/Federal. Medical aid, fall victim.

November 13, 1990

7100 blk. Westview. Structure, no fire.

7900 blk. Nichals. Medical aid. Female, dizziness.

3100 blk. Central. Automatic aid, canceled.

600 blk. 61st St. Automatic aid, canceled en route.

7100 blk. Westview Pl. Medical aid. Female, difficulty breathing.

Lemon Grove Way/Washington. Medical aid, vehicle vs. motorcycle.

November 14, 1990

2200 blk. Massachusetts. Medical aid, female.

8000 blk. Palm. Medical aid. Female, stomach ache.

Broadway/Lemon Grove Ave. Medical aid. Female, fall victim.

1600 blk. Grand Ave. Automatic aid, canceled en route.

November 15, 1990

2400 blk. Edding. Medical aid. Female, full arrest.

6800 blk. Federal. Medical aid. Female, assault victim.

Massachusetts/Lemon Grove Ave. Two-vehicle accident.

Waite Dr./Murray Hill Rd. Automatic aid. Vehicle fire, out on arrival. Estimated damage, \$900.

Main/Cypress. Non-injury vehicle accident.

Food Service Management Degree offered at Grossmont

Grossmont College is the first campus in Southern California to offer a diploma in Food Service Management. Grossmont College and the Educational Foundation of the National Restaurant Association are acting in cooperation to offer the Management Development diploma. The East County campus is one of just 25 schools nationwide to offer such a program. The program is designed to enhance the existing curriculum, and create a valuable tie with the National Restaurant Association.

Scholarships will be available for the first time this fall. The Educational Foundation will award \$750 specifically established for individuals and programs participating in the diploma program.

In addition, each awarded scholarship also grants the recipient's school program with \$150. Information and free brochures are available through Grossmont College Food Service Management coordinator Evan Enowitz. Call 465-1700 extension 325 for more information.



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Cuyamaca College professor honored

Director of the horticulture program at Cuyamaca College, instructor and landscape designer Brad Monroe recently received the Edwin J. Hunter Conservation Award at the Hunter Industries' annual distributor meeting which draws irrigation professionals from around the world.

In presenting the award at the meeting held in Colorado Springs, Hunter District Manager Lynda Wightman recognized Monroe's professional achievements and his contributions to education and research.

"Brad has dedicated his career to the development of sound, professional individuals who will add value and creativity to our industry."

"He is well-known in the landscape and irrigation industry. Many of our staff members have completed his irrigation technology classes and he has assisted our field service technicians in preparing irrigation training seminars. Brad has also worked on the development of sophisticated water distribution software programs," said Wightman, who is employed by one of the world's leading manufacturers of irrigation products.

Monroe has directed the horticulture program at Cuyamaca College for over ten years, and is known throughout Southern California as an authority on landscape planning, irrigation system design, and golf and



Brad Monroe, left, receives conservation award from Hunter Industries' founder Ed Hunter.

sports turf management.

He introduced the first horticulture program at Cuyamaca, and wrote the curriculum. Under his tenure, the program has expanded to five majors and now offers a certificate and degree in landscape irrigation technology and golf and sports turf management.

Monroe is also the recipient of numerous college teaching awards, including the Cuyamaca College Presidents' Award for outstanding teaching and the Educator of the Year Award from the California Association of Nurserymen.

In addition to his educational duties, Monroe is also the chairman of the San Diego Xeriscape Steering Committee, which presents an annual conference, and

he is an advisor to the Cuyamaca Botanical Society which raises funds for student scholarships and conferences.

Monroe is a member of the California Community College Chancellors' Advisory Committee for Agriculture and Natural Resources.

Also, he belongs to the Golf Course Superintendents' Association and the California Landscape Contractors' Association.

He has acted as a judge for the CLCA Beautification Awards program and has worked with landscape construction companies in San Diego.

Monroe graduated from the California State University in Fresno with a degree in plant science.

Lemon Grove woman takes first place in Southern California Amputee Golf Tournament

Lemon Grove resident, Jeannie Sibis, took first place in the women's division of the 18th annual Southern California Amputee Golf Tournament.

The tournament took place over the Veteran's Day weekend at Rancho San Diego Golf Club in El Cajon. Sibis came in with a score of 242.

Sibis, 31, lost her leg in a motorcycle accident two years ago. She has been playing golf for 12 years and will not let anything get in her way.

The tournament, sponsored by Southern California Orthotics and Prosthetics, is an annual event enjoyed by amputees from throughout California.

Helix High School routs Patrick Henry in CIF playoffs

Playoffs or not, the Helix High football machine continued its total domination over its opponents by downing Patrick Henry High School 42-0 in the first round last Friday.

Led by the fleet duo of Kenny Carter (16 carries - 127 yards) and Jarrett Parr (16 carries - 97 yards) the Helix Highlanders took a 28-0 half-time lead and never looked back.

In the touchdown department, Parr and Andreal Climon scored

twice and Carter scored once.

The Helix defense, which has been outstanding all season, held the Patriots to 60 yards total offense.

The Highlanders' opponent in this Friday's second-round 3A battle will be Orange Glen High School, a 21-12 winner over Southwest.

The game will be played at home on Helix High School's football field at 7:30 p.m. November 23.

Grossmont College offers college credit for cultural studies and travel in Europe

Students will be able to travel through Europe and receive college credits at the same time, thanks to the Grossmont Abroad Program developed by the foreign language department at Grossmont College.

For up to six weeks this summer, students can choose between Spain, France and Italy to learn firsthand the language, culture and customs of the country. In Spain, "Grossmont in Madrid" allows students to receive up to eight units in Spanish, while spending a month during the summer at the University of Madrid, and making cultural visits

throughout the country.

The total program runs from June 10 to July 26 and interested students should call Professor Paul Jacques at 465-1700 extension 292.

French students can also earn up to eight units in French language credits and study in the "city of lights." "Grossmont in Paris" features two weeks preparation at Grossmont College and three weeks of classes in Paris and excursions to some of Paris' most famous attractions. This program runs June 28 through July 21. For more information, please contact Ms. Muriel

Vitaglione at 465-1700.

Students can also choose to study Humanities in Rome, Italy. "The Grossmont in Rome" program begins with two weeks at Grossmont College starting June 10, followed by three weeks at La Casa dello Studente in Rome. Evenings will be free for studies and cultural activities.

Students will be encouraged to attend operas, ballets, concerts, plays and other artistic exhibits available.

Students desiring more information on this program should contact Mr. Albert Benzie at 465-1700 extension 513.

Rural mailboxes susceptible to vandalism warns postmaster

By Jim Church

With nearly 950,000 mailboxes in San Diego County, mail theft and vandalism is always a problem.

Rural-type mailboxes are a favorite target for mailbox bashing.

Residents are being left with battered boxes, lost or stolen mail, and confusion about who to call for help--the Postal Service, or local law enforcement agencies. The answer is both. If you experience mailbox vandalism or theft, you should:

- Contact your local law enforcement agency, the city

police or the sheriff's department, and file a complaint.

- Call the Postal inspection Service at 221-3323. Ask to file a mail theft and vandalism complaint (form 2016).

The Postal Service and local law enforcement agencies have joint jurisdiction in most mail-related crimes, so both agencies should be contacted when a crime of this type is committed.

Criminal activity of this type constitutes a felony under federal law and is punishable by up to five years imprisonment and a \$5,000 fine.

Prevention is still the best remedy.

Although cluster-boxes are

stronger than typical rural-type boxes, they are not immune to tampering.

A determined thief or vandal will eventually succeed, but not without effort. However, they are still more secure than most other types of mailboxes.

The neighborhood watch program is probably the best deterrent.

The location of your mailbox, unobscured by shrubbery, will help.

Before moving your box, be certain to contact your local postmaster for authorization.

For information on cluster box delivery, call delivery services at 221-3235.



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Commentary

by Paul Treske

Based on everything we read about and know, there would seem to be little to be thankful for on this Thanksgiving 1990.

For certain, things are in turmoil and the omens are threatening. Two-hundred thousand young Americans are perched in a desert half a world away, and there is every expectation that many will never see another Thanksgiving.

Recession, homelessness, millions of our children at risk both medically and educationally, and an angry, restless national mood greet this most American of holidays.

So what is there to be thankful for? Perhaps we should look closer to home. Those of us who can still see, should be thankful for the joys of color, form and motion. We should rejoice in the radiance of a flower or a sunset. We should be forever grateful for the privilege of seeing the light of love in someone's eyes.

Those of us who still hear should be thankful for the sounds of human speech. We should delight in hearing the silvery sound of a child's laughter. We

Thanksgiving 1990

should be exulted by the triumphs of music, be it Mozart or Motown.

Those of us whose hearts are still open to love, should be rekindled by the warmth of loved ones all around us. We should find our highest satisfaction in the pleasure of seeing received, a gift we have given.

If you can still see and hear and love; if you can still run, leap or even walk; if you can still touch and feel a surface or a flower; if you can still smell a roasting turkey or a rose...you have much to be thankful for.

And even if you are feeling pain, there is thankfulness in this too, for the ability to feel and know pain is a sign of being alive.

Surrounded as we are sometimes by unimaginable sadness and loss, we should, especially on Thanksgiving, allow ourselves to see that our real joys are in the things we already have and take for granted. The sunsets, soft rains, and children's smiles are still there for us, and we shall always be thankful for them.

From Where I Sit

by Frank Andrews

With Christmas fast approaching, the little kiddies are making their lists and checking them twice. The theory is, "if you were good, Santa will bring you whatever you order."

The modern-day gift list is really something else; radio-controlled cars, airplanes and boats, computer games, televisions, compact disc players, designer sportswear... the high-priced, high-tech list goes on and on.

"Santa Claus brought Johnny a new motor scooter. Why can't I have one?" How can a loving parent cope with that?

I can still remember the Christmases of yester-year. We really didn't know what "poor" was, as all of our friends were in the same boat. Compared to the high-priced presents of the present generation, our meager gifts were in the dollar and "sense" category.

If we were lucky enough to have a "yule tree," all of the trimmings would be handmade by all hands. Strings of popcorn and cranberries, cutouts of angels, reindeer and sleighs would grace the tree - no electric blinking lights, just a few lit candles which made for a constant fear of fire.

My mother was so frugal that she would let me play with my toys for only the short Christmas holidays. Then she would pack them away, along with the latest gift, and save them for the next season.

I do believe that it was a conspiracy between Dad and Mom to make me think that all the toys were new. It was hard for me to remember way back to

All my marbles

the past Christmas, so it all made me happy and I'm sure that is what they were striving for.

My mother even put some of her old things out under the tree for me to use during the brief play period. She handed me a leather pouch of marbles and explained, "Frankie, these are not just marbles but genuine agates. Your grandfather gave them to me when I was a small girl and I saved them all these years for you."

A couple days after Christmas, I joined up with a "miniature con-artist" named Edsel for a game of marbles. He was a few years older than me, and had built-in bilking in his blood. In just one short afternoon of a one-sided game, "con" Edsel gained custody of all my agates, including the leather pouch.

With much dread and embarrassment, I told my dear old mom that I didn't have all of my marbles, which she must have known long before that. "But Mom, Edsel won them fair and square," I explained.

"That young crook took advantage of you, and I'm going to get them back. I saved them too long and they are too valuable to just let them be cheated away."

So, Mom, dragging me along, went over to see Edsel and his folks. With much loud exchange of harsh words, the agates with pouch were reclaimed and we all lived sort'a happy ever after.

The Christmas presents in those days weren't as "high-tech" or "high-priced," but they still gave us little ones much fun and enjoyment, sometimes even with a tiny burst of excitement thrown in.

The Adoption Option

by Joseph Walker

Is this a great country, or what? I mean, my wife sends me to the store for breakfast cereal, and I'm thinking, "Well, what's it going to be - Cornflakes, Cheerios, Wheaties or Shredded Wheat?"

Like I was expecting the entire cereal industry to be stuck back in the 1950s, when the most exciting thing to happen to breakfast was "snap, crackle, pop."

Anyway, I get there and a whole new world opens up to me. The cereal aisle is like a sort of gastrointestinal Disneyland, with options ranging from the health conscious "More fiber than a bale of hay," to the nutritionally decadent "Your money back if you can find a single vitamin or mineral anywhere inside this package!" But I'm not complaining. Even though it took me about 45 minutes to sift through all of my options and make my selection, I'll defend to the death the right of

every manufacturer to bombard me with such choices. It's the American way.

Which is why I find it surprising when divisive contemporary issues are treated like coins, with only one or two alternatives consistently expressed. Granted, when you're talking about an issue like unwed mothers, there aren't as many alternatives as there are in the cereal aisle. But even with this most delicate situation, there is currently in place at least one rarely mentioned alternative that can serve as a valuable middle ground.

Take Jennifer (not her real name) for example. A junior in high school, she was pretty and popular-and pregnant. She didn't want it to happen, but it did-just as it happens to nearly one in ten teenage girls in America today. At a time when most of her friends were trying to decide which shade of eye shadow to buy or whether

or not to get a part-time job, Jennifer was trying to decide what to do about her baby. And she had to decide quickly, since she was nearly two months pregnant.

"I love children," she told me later, "but I wasn't ready to be a mom. What sort of life could I give a baby when I feel like I'm still just a kid myself?"

Jennifer had a point. Statistically, unwed mothers who choose to keep their children tend to slip to the bottom rung of the socio-economic ladder. According to "Social Work," pregnancy is the No. 1 reason why young women drop out of school. Which means those young mothers are rarely able to secure meaningful employment. Which means a significant percentage of them end up on welfare.

"Time" magazine also reports that children raised by unwed mothers are more often abused, while "Newsweek" adds that these children also tend to demonstrate a higher incidence of behavior problems.

Not a pleasant picture, is it?

Sports Commentary

by John E. Wirges

Thanksgiving tale

Thanksgiving is the one holiday we couldn't do without. It's the only holiday on our calendar that reminds us to count our blessings. Norrie West probably remembers the deep and rich meaning of Thanksgiving better than most, as well he should.

He knows it brings each of us face to face with the good things that enrich our lives, with the blessings enjoyed by even those in the most humble of circumstances, with the reality that hard work does indeed bring its own reward.

Mention Thanksgiving to man, woman or child and they immediately remember tales of the Pilgrims' dangerous voyage from England to the New World and of the harsh winter they faced after landing on the rocky and barren shores of Cape Cod.

They remember the story of the bountiful harvest that first fall in 1621 and how the Pilgrims and their Indian neighbors celebrated with a feast of thanksgiving.

If you happen to visit with Norrie and Jane West in their La Mesa home around Thanksgiving Day, you'll find some reasons for the celebration that are up-close and personal.

If you remember your early American history, you know that the Mayflower battled North Atlantic storms in October and November of 1620 on its way to the New World and that during one storm, a passenger named John Howland was washed overboard.

Those Pilgrims were stout sailors and one of them heaved a line to Howland. "Hang on," he was told, and hang on he did. They got him back aboard, much to the relief of Norrie West.

"If they hadn't, I wouldn't be here," he grins. "It gives me chills to think about it."

West is a direct descendant of John Howland. It goes back some eight generations or so, but the family tree has deep roots in Martha's Vineyard where Howland settled, and in the passage of time, Norrie was born.

It was our good fortune that the West family came west and settled in La Mesa, where Norrie became a writer, newspaperman, Naval Officer (WWII), sports information director (at Cal Berkeley, where he managed press affairs for three Rose Bowl games), a sports promotion executive, an advertising executive, the executive director of the Andy Williams San Diego Open Golf Tournament, a charter member and contributing patron of the Breitbard Hall of Champions and the driving force behind the San Diego Junior Golf program and the Junior World Golf Tournament.

There are some 900 current members of the San Diego Junior Golf program and the Junior World Golf Tourney annually draws more than 750 players representing more countries than are represented in the British Open.

Norrie takes understandable pride in having a hand in helping such PGA stars as Craig Stadler and Scott Simpson on their road to success, but he takes even more pleasure in the number of teachers, lawyers, doctors and successful business men and women who credit Junior Golf with getting them started on the road to achievement with good grades and a positive approach.

Thanksgiving reminds Norrie of his good fortune when John Howland caught that rope. A lot of other folks are mighty happy Howland hung on, too.

Happy Thanksgiving.

Jennifer didn't think so. Which is why she started looking at alternatives. But the only alternative her school counselor suggested was abortion, and her religious convictions made it impossible to consider that as a possibility.

Finally, almost as an after-thought, someone mentioned the adoption option.

"At first I didn't like the idea," she admitted. "I wasn't sure I could just give my baby away after carrying it around inside of me for nine months."

But the more she thought about it, the more it seemed like the best alternative for her. Sure, it would be tough for the next seven months. But then she could get on with her life. And best of all, her baby would be given to a couple who desperately wanted it and were able to care for it in a way she was not. At least, not yet.

Of course, I realize that many people will have a hard time accepting adoption as a viable alternative. But for Jennifer, whose values precluded abortion, it served precisely that purpose -

and to great effect, as she has since graduated from high school, attended college, married and started a family of her own.

Unfortunately, Jennifer's case is unusual. Of the nearly 900,000 children born to unwed parents in America each year, only 4 percent are given up for adoption, making it a distant third among the solutions for unwanted pregnancy.

Clearly, we're not doing a very good job of explaining to young mothers that there is a way they can preserve the life of their child without forever altering their own. Although the adoption option has always been there, only a relative handful have paid it much attention. But since November is National Adoption Month, it's as good a time as any to reconsider. Adoption may not be everyone's cup of granola, but surely it deserves a place in the discussion when there are lives at stake--both the born and the unborn.

Joseph Walker is a bishop in The Church of Jesus Christ of Latter-day Saints.

Joe Freed on the Movies

This Week's movies: *Rocky V* and *Home Alone*

"Rocky V"

I went to see "Rocky V" because I thought there was a chance that it might be good. A slim chance, but a chance nonetheless. It's directed and co-edited by John G. Avildsen, who was at the helm of the Academy Award-winning original. It has music by Bill Conti. Heck, even Burgess Meredith is in it! It has to be great, right?

Wrong, wrong, wrong, wrong! I should have been more suspicious of a film that had the words "Yo! Go for it!" printed in newspaper advertisements.

Even with its talented production team, "Rocky V" is only slightly better than the atrocity known as "IV."

Slow, boring, and entirely predictable, Sylvester Stallone's reportedly final outing as boxing champion Rocky Balboa closes out the "Rocky" series with a whimper.

The formula is identical to the other Rocky sequels: hero is vanquished by tragedy, hero fights back against the odds, hero wins back his glory. The movie begins exactly where "Rocky IV" left off, after a title bout in the Soviet Union. Rocky returns to the United States victorious, but soon discovers that years of boxing have taken their toll. The world champion has had his brains bashed one time too many, and has developed a minor case of

brain damage. Nothing life-threatening, but severe enough to make Rocky seem stupid. Wait a minute... I guess he has always been stupid, what I mean to say is, MORE stupid.

In the words of Rocko himself, "Yo! Ah joost ain't dat smard 'bout no learning or nothing!" I know such dialogue is basic to the Rocky character, but I'm sick of it.

Anyway, he's forced into retirement. Which isn't so bad really; he's already a rich man. Correction, used to be...a crooked accountant has embezzled the entire Balboa estate. Mind you, not just a million dollars or so, but the entire estate. Funny thing is, nobody ever thinks of prosecuting. But, that's beside the point! Rocky ain't got no cash! Adrienne (the weepy, whiny Talia Shire), is even working in the old pet shop from the original "Rocky." The only answer is for Rocky to take on an apprentice, Tommy Gunn, and try to make a go as a manager.

You'd think by the fifth movie, everyone in the cast would know their roles well enough to give a decent performance, but you wouldn't believe how bad the acting is. I am so tired of not-so-emotional scenes between Mr. and Mrs. Balboa, I wish they'd duke it out!

Which brings me to "Rocky V's" greatest flaw; they left out the boxing. Sure, we get to see

bits and pieces of small, insignificant fights, but there isn't a rousing finale at the end of the film. In all the other "Rocky" pictures, I could almost overlook bad acting and writing because of these exciting fights. Stallone (who also wrote the screenplay), and Avildsen try to make-up for the void by throwing in a street brawl, but it isn't any substitute.

Critic's rating: C-

"Home Alone"

An ultra-precocious pre-pubescent is accidentally left behind when his family takes a European vacation. A dream come true! He can stay up late, eat junk food and watch trash on television.

But his happy life as a bachelor is cut short when two bumbling robbers choose his house for holiday season thievery. It is now up to the new "man of the house" to fight off these ruthless idiots.

"Home Alone" takes awhile to get going, but once it does, it's wildly entertaining. Mixing hysterical slapstick with heart-tugging (stomach turning) sentiment, Director Chris Columbus' Christmas comedy is above-average fun.

Critic's rating: B-

Grossmont to present Cinderella at ECPAC

The Grossmont College Theatre Arts Department will bring your childhood memories back to life with their holiday presentation of Cinderella. The delightful musical by Rogers & Hammerstein is being directed by Henry J. Jordan and features Michael Ruhl as the Prince, and

Julie Jacobs in the title role.

The show will be presented November 29, 30 and December 1, 6, and 7 at 8 p.m., as well as December 2 at 2 p.m. at the East County Performing Arts Center. Following the December 8 matinee performance, the audience is invited to stay for the forum and

meet with the cast and crew.

This musical adaptation of one of childhood's favorite tales is filled with magic, joy and enchantment.

Tickets are \$8 for adults and \$6 for students/seniors, and are available at the Grossmont Fine Arts Box Office at 440-2277.

Estonian folk singers to perform at ECPAC

Closing out the Fall 1990 World of Music Series, December 3 and 4 at the East County Performing Arts Center are Jaak and Mart Johanson, folk singers.

So, you've probably never heard of the Johansons before, and prior to Perestroika, you probably couldn't find Estonia on a world map. So, you can't figure out what Estonian and Irish folk music have in common. To Jaak and Mart Johanson, the similarities are obvious. In fact, the Johanson brothers are influenced by Bob Dylan as well. And they're not as eclectic as you might imagine.

The Johanson brothers are folk singers who use universal topics

to convey their message.

"I have learned that all good music is the same thing," says Jaak. Like Woody Guthrie's dust bowl ballads, or Springsteen's "Nebraska," the Johansons play simple songs that transcend language barriers. Their strong lyrics, though, are a plus.

As members of the only Estonian/Irish Society under Soviet influence, the Johansons are spreading the word throughout the world.

The show will begin with a pre-performance discussion at 8 p.m. The Performing Arts Center is located at 210 E. Main St. in El Cajon. Call 440-2277 for more information.

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Centenarian's birthday

Continued from Page 1
 birthday, both in person and from a distance. Her family includes: her daughter and son-in-law, Yvonne and Carl Farrar of Lemon Grove; a grandson and his wife, Paul and Janet Farrar of La Mesa; a great grandson, Doug Foley of San Diego, and two great, great-grandsons, Douglas and Christopher Foley.

In Northern California, Steenbergen's relatives comprise: a granddaughter and her husband, Bernice and Jim Mock; granddaughter-in-law Pat Farrar; great grandson, Joe Farrar; great granddaughters and their husbands, Julia and Rich Spoon, Sandra and David Edmondson and Victoria and Rick Caufield. In addition, great, great grandchildren, Jason

Moore and Nicole and Aaron Edmondson also live in Northern California.

As far away as Tacoma, Washington a great grandson, David Farrar and great, great grandson Nicolas Farrar carry on Steenbergen's descendants. Relatives in Texas are numerous, owing to nephews and nieces who are offspring of her step-brothers and half-brother and sister. In the Comanche/Brownwood, Texas area they are a sister-in-law, Vera Thomas and Vera's children, Herman Thomas, Nelson and Nancy Thomas, Don and Gladys Thomas and Jean Thomas Wright and her husband, Bill. Many other nephews and nieces live throughout Texas and sent their fond birthday wishes.

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PUBLIC NOTICES

NOTICE OF PETITION TO ADMINISTER ESTATE OF GILBERT E. FRITZ

Case Number: 153155

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate, or both, of: Gilbert E. Fritz. A PETITION has been filed by Mary Jane Rowe in the Superior Court of California, County of San Diego.

THE PETITION requests that Mary Jane Rowe be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's WILL and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on NOV 26, 1990 at 1:45 p.m. in Dept. F-5, located at 1501-55 Sixth Avenue, San Diego, CA 92101-1946. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in section 9100 of the California Probate Code. The time for filing claims will not expire before four months from the hearing date noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a formal Request for Special Notice of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in section 1250 of the California Probate Code. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner:
David Weston, Esq.
Ferguson, Newburn & Weston
7777 Fay Avenue, Suite 260
La Jolla, CA 92037

Signature of attorney for petitioner:
Lemon Grove Review
November 8 15 & 22, 1990
LW 196741

FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No 90 25040

The Name of the Business:
KUNG FU SAN SOO

OF LEMON GROVE

located at: 7582 Broadway Ave. #103 in: Lemon Grove, CA 92045 is hereby registered by the following owner:

DAVID M. DOWELL

5475 FORBES AVE.

SAN DIEGO, CA 92120

This business is conducted by: an individual.

The registrant commenced the transaction of business on: NOT APPLICABLE

Signature of Registrant:
DAVID M. DOWELL

David M. Dowell

This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on Nov. 2, 1990.

Lemon Grove Review

November 8, 15, 22 & 29, 1990

FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No 90 25537

The Name of the Business:
DELTA CHIROPRACTIC CLINIC
located at: 7117 Broadway Suite 106 in: Lemon Grove, CA 91945 is hereby registered by the following owners:

ANDREW TUTINO D.C.

3653 AVOCADO VILLAGE CT

110

LA MESA CA 92041

This business is conducted by: a General Partnership

The registrant commenced the transaction of business on: 11-8-90

Signature of Registrant:
ANDREW TUTINO D.C.

Andrew Tuino D.C.

RUSSELL S. REVILLA D.C.

Russell S. Revilla D.C.

This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on Nov. 8, 1990.

Lemon Grove Review

November 15, 22, 29 & December 6, 1990

FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No 90 25741

The Name of the Business:
MORGAN STAR

located at: 7995 El Paso Street in: La Mesa, CA 92042-2534 is hereby registered by the following owner:

MORGAN JENNIFER MORRISON

1995 EL PASO STREET

LA MESA, CA 92042-2534

This business is conducted by: an individual.

The registrant commenced the transaction of business on: 11-1-90

Signature of Registrant:
MORGAN J. MORRISON

Morgan J. Morrison

This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on Nov. 13, 1990.

Lemon Grove Review

November 15, 22, 29 & December 6, 1990

FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No 90 25740

The Name of the Business:
COLLEGE GROVE TRANSMISSIONS

located at: 6994 Broadway in: Lemon Grove, CA 92045 is hereby registered by the following owner:

LEMON GROVE

TRANSMISSION CORP.

CALIFORNIA

This business is conducted by: a CORPORATION

The registrant commenced the transaction of business on: DEC '81

Signature of Registrant:
SIV RAHMATION

Siv Rahmation, Sec.

This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on Nov. 13, 1990.

Lemon Grove Review

November 15, 22, 29 & December 6, 1990

FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No 90 25873

The Name of the Business:
HUSH PUPPIES SHOES

located at: 3450 College Avenue, Ste.

252 in: San Diego 92115 is hereby registered by the following owner:

CLOYES COMFORT SHOES, LTD.

6985 WAITE DR. #78

LA MESA, 92041

This business is conducted by: a Limited Partnership.

The registrant commenced the transaction of business on: N.A.

Signature of Registrant:
THOMAS R. CLOYES

Thomas R. Cloyes, General Partner,

Cloyes Comfort Shoes, LTD.

This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on Nov. 14, 1990.

Lemon Grove Review

November 15, 22, 29 & December 6, 1990

Request for Special Notice form is available from the court clerk.

Attorney for petitioner:

WALLACE D. DORMAN

7309 Broadway

Lemon Grove, CA 92045

/s/Wallace D. Dorman

Signature of attorney for petitioner

This notice was mailed on Nov. 14,

1990 at Lemon Grove, California.

Lemon Grove Review

November 22, 29 & December 6, 1990

ORDINANCE NO. 181
ORDINANCE OF THE CITY OF LEMON GROVE, CALIFORNIA AMENDING ORDINANCE NO. 71 RELATING TO SECURITY ALARMS

THE CITY COUNCIL OF THE CITY OF LEMON GROVE, CALIFORNIA DOES ORDAIN AS FOLLOWS:

Section 310.105(b) of Ordinance No. 71 is hereby repealed. New Section 310.105(b) is adopted to read as follows:

310.105(b) The permit application as required under paragraph (a) of this section shall state: the number of alarm systems and specific purpose for which the alarm system or systems shall be used; the alarm user's name; the address of the premises in or upon which the alarm system has been or will be installed; user telephone number; the alarm business operator or operator's selling, installing, monitoring, inspecting, responding to and/or maintaining the alarm system; and, the name and telephone number of at least two (2) persons who can be reached at any time, day or night and who are authorized to respond to an alarm signal and who can open the premises in which the system is installed.

PASSED AND ADOPTED at a regular meeting of said City Council held the 19th day of November, 1990.

/s/ K. T. Huff
KAREN THOMSON HUFF
City Clerk/Finance Director

Lemon Grove Review
November 22, 1990

FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No 90 26320

The Name of the Business:

THE SUBAFARI CO.

located at: 6949 Central Ave.in: Lemon Grove, CA 92045 is hereby registered by the following owner:

KRYSTAL L. GOSNEY

6949 CENTRAL AVE.

LEMON GROVE, CA 92045

This business is conducted by: an individual.

The registrant commenced the transaction of business on: NA

Signature of Registrant:

KRYSTAL L. GOSNEY

Krystal L. Gosney

This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on Nov. 20, 1990.

Lemon Grove Review

November 22, 29, December 6 & 13, 1990

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Adopt-A-Child helps Lemon Grove families enjoy the Christmas holidays

Low income children and families who live in Lemon Grove need your help to have a happy Christmas and the Adopt-A-Child program is a perfect way to make a family's Christmas joyful.

Adopt-A-Child, sponsored by the Lemon Grove Food Bank, Lemon Grove Soroptimists and the Lemon Grove United Church of Christ, has a goal to provide each child referred to them with at least an outfit of clothes and a nice new toy, and each family with Christmas dinner.

Every gift, every can of food and all money go to families in need. There is no overhead expense.

Last year, they were able to serve 286 children and 87 families with the help of business and community groups. Adopt-A-Child coordinated its efforts with schools, churches and through East County Outreach in an attempt not to duplicate efforts and gives out no last names.

Gifts and food are picked up from one central spot—not delivered—to help maintain the family's anonymity.

The gifts are not wrapped so parents can wrap the gifts themselves and be part of the giving. Only families in Lemon Grove are served by the program and, so far, Adopt-A-Child has been able to serve every family referred to it.

This year marks the 10th anniversary of Adopt-A-Child and much help is needed. Adopt-A-Child is asking businesses, service groups and individuals to help in the following ways:

1. Adopt a child or children: buy outfits of clothing and a toy for each child—first names, ages, sizes and ideas provided.

2. Adopt a family or families: purchase gifts and food for Christmas dinner.

3. Collect food: have a box for canned food in your business; collect food in your organization; donate cases of canned foods, frozen turkeys, etc.,

4. Collect new toys at your business or in your group.

5. Donate money: Adopt-A-Child will shop for you (make checks payable to Lemon Grove Food Bank or Lemon Grove United Church of Christ).

6. If you have a business with items that could be gifts, donate gifts.

7. If you have a group helping a family, coordinate with Adopt-A-Child.

8. Refer needy families to Adopt-A-Child.

Collected food and gifts can be dropped off at the Lemon Grove Fire Station, 7853 Central Ave.

For more information, to refer a family or offer your help, please contact Joan Pettis at 466-0503 or 589-0191.

Christian rock concert

On Tuesday, December 4 at 7 p.m., there will be a Christian Rock Concert at Foothills United Methodist Church, featuring "The Stand."

The church is located at 4031 Avocado Blvd. in La Mesa. Cost of the concert is \$3 per person.

Advent event

Foothills United Methodist Church will hold its annual Advent Event on December 2 in King Hall from 4 p.m. to 7 p.m.

At the Advent Event, you can make many crafts, sing holiday songs, and share stone soup. You are asked to bring a chopped vegetable for the stone soup, as well as some cookies (non-chopped).

The church is located at 4031 Avocado Blvd. in La Mesa.

Christmas music program

On Sunday, December 9 and Monday December 10, the Foothills Chancel Choir will present a Christmas Music Festival featuring the "Images of Christmas" by Ovid Young, and "Gloria" by John Rutter. "Images of Christmas" presents a unique gathering of timeless international carols woven together by the artistry of Ovid Young.

The Sunday performances will be at 4 p.m. and 6:30 p.m. and the Monday performance will be at 7:30.

The church is located at 4031 Avocado Blvd. in La Mesa. Tickets are free and may be picked up at the church office.

In the Service

Navy Fireman Recruit Asfao A. Dingiswayo, son of Judith Kanderore of Lemon Grove, has completed recruit training at Recruit Training Command, San Diego.

During Dingiswayo's eight-week training cycle, he studied general military subjects designed to prepare him for further academic and on-the-job training in one of the Navy's 85 basic fields.

A 1990 graduate of Mount Miguel High School, he joined the Navy in August, 1990.

Coast Guard Seaman Apprentice Andrew J. Willis, son of Margarita I. and Fredrick C. Willis IV of Lemon Grove, was recently graduated from Coast Guard recruit training.

Willis attended the eight-week training at the Coast Guard Training Center, Cape May, N.J. Among the subjects he studied were first aid, Coast Guard history and seamanship, communications and firefighting.

Willis is a 1990 graduate of Mount Miguel High School, joining the Coast Guard in June 1990.

Lemon Grove bank heist foiled

It sounded like the perfect crime—steal a U.S. Postal Service mail box, paint it silver, place it in front of Great American Bank's night deposit box with a sign saying "Temporary Night Deposit Box" and wait for the money to come pouring in—but it didn't work out that way thanks to the watchful eye of Sheriff's Patrolman Joe Green.

Green was driving by Great American, which is located at 7060 Broadway, when he saw what looked like a big silver mail box.

Upon closer inspection, he noticed a sign saying the regular night deposit slot was out of order and that the mail box was now the temporary night deposit.

Green confiscated the mail

box, which wasn't even bolted down. When the mail box was opened, officers discovered two night deposit bags full of money from Pickway Shoes.

Great American and Pickway Shoes were notified of the scam and the money was put in its rightful place.

There is no suspect in the case at this time.

Nightime drivers should take extra precautions to offset lower visibility

Are you a "timeless" driver? Do you assume you can safely drive as fast at night as during the day? If you answered "yes," the National Automobile Club asks you to reconsider your assumption, especially in view of statistics just released by the California Highway Patrol.

During the hours of 6 p.m. to 6 a.m. in 1989, according to the CHP, there were 36,989 accidents due to unsafe speed; 8,239 accidents caused by driving on the wrong side of the road, and 11,221 accidents due to running a stop sign or signal. It can be surmised that poor visibility played a part in a large percentage of these mishaps. In fact, more than half of all traffic accidents nationwide occur at night, despite the fact that, on average, Americans drive far fewer miles after sundown.

The most alarming statistic released by the CHP involves those driving at night under the influence of drugs or alcohol. While there were 14,478 incidents during the day, there were 42,980 incidents at night, bearing out the idea that alcohol and drugs enhance a driver's self-confidence while impairing judgment and reaction time.

But why is night driving so fraught with danger even for good, sober motorists? First, and probably most important, is the fact that most drivers don't realize how poor their vision is at night. This is particularly true of mature drivers. According to the National Safety Council, beginning at age

20, every 13 years we need twice as much illumination to read and see properly.

Even for the young and middle-aged, driving at night poses special problems. While the ability to steer a car along the road remains intact, recognition functions deteriorate rapidly. Sensitivity to contrasts and the ability to perceive objects clearly are greatly diminished.

So, although a person can steer his car accurately while simultaneously monitoring dashboard functions in daylight hours, when night falls, the problems begin.

Even the artificial improvements to increase safety, such as illuminated roadsides and roadway reflectors, add to night-time driving problems by increasing self-confidence. As long as they can see the road, drivers fail to realize they can't see unexpected

obstacles such as animals, disabled or unlit vehicles or pedestrians.

One study found that nearly a quarter of the motorists in accidents involving a pedestrian said they heard the impact before they saw the person. While a driver can see a pedestrian who is wearing light-colored clothing at about 300 feet, visibility drops to less than 100 feet if the person is in dark clothes and the car's low beams are on.

Here are some tips for driving at night to stay alert and awake:

- Don't stare at the road. Move your eyes in a scanning fashion from one point to another. Quick glances in the rear-view mirror will help.

- When your attention begins to wander, play the radio, open a window for fresh air, or stop for a rest.

League of Women Voters to hold landscaping forum

East County residents can get drought tips on landscape care at the December Round Table.

The monthly series sponsored by the League of Women Voters of Grossmont-Cajon Valley will meet on Tuesday, December 4 at noon in the cafeteria meeting room at the County Regional Center, 250 E. Main St., El Cajon.

John Frenken, Open Space Coordinator with the City of Santee will focus on landscape

care and environment.

The City of Santee has been in the forefront in this concept with Mast Mark, developed in 1985.

Frenken, a certified arborist, will give a slide presentation on using the natural environment for maximum effect with a minimum for water.

The League invites the any interested parties to join this luncheon forum.

Lunch may be purchased in the cafeteria.

Worship Directory

LEMON GROVE LUTHERAN CHURCH
Corner Skyline & Alton Drive
Edward J. Volkmann, Pastor
Telephone: 465-7301
Worship 9:00 a.m. Sunday School 10:15 a.m.

Spring Valley Community Baptist Church
S. V. Community Center, 8735 Jamacha Blvd.
Frank D. Mealy, Pastor • 447-6723
Sunday School 9:30 Worship Service 10:45

LEMON GROVE CONGREGATIONAL UNITED CHURCH OF CHRIST
2770 Glebe Road • Lemon Grove
Edward & Joan Pettis, Co-Pastors
Sunday Worship & Church School
10:15 a.m.

Christian Science Church Services
First Church of Christ, Scientist, La Mesa
Corner of Palm and Allison, La Mesa
Sunday Service & Sunday School 10:00 a.m.
Wednesday Evening Meeting 7:30 p.m.
Child Care
All Are Welcome!

Lemon Grove Assembly of God
Currently using the
Lemon Grove Masonic Lodge at
2590 Main Street, Lemon Grove
Worship Service and Bible Study
Sunday Night 6:00 p.m.
Pastor Jim Reed 461-7451

ST. JOHN OF THE CROSS CATHOLIC CHURCH
8086 BROADWAY
LEMON GROVE, CA 92045
PASTOR MSGR. RAYMOND C. KIRK
Call Rectory for information
and Mass Schedule. 466-3209

Your church could be in the Worship Directory.
Call 469-0101 for rates and other information.